

Science

Day 1. Read Lesson 1 and 2 from the book. Do the activities given on pages 6 and 7

Day 2. Read Lesson 1 and 2 .Do the activity given on page 8.

Day 3. Read and learn the spellings under the topic ' Myself'

I have a body. I have -- a head, two eyes, two ears, one nose, one mouth, one tongue, two hands , two legs, ten fingers and ten toes . I must keep my body clean.

Day 4. Draw and write the names of various parts of body.

Day 5. Read and learn the spellings under the topic ' My eyes'

I have two eyes. I see with my eyes. I can see -- the hills, the sky, the sea, the stars, a bird, a car, a tree

Day 6. Answer the following questions

Q i. Draw and write five names of the things that you see with your eyes.

Q ii. Name the five sense organs.

[Students may refer the copy of the pages enclosed and do the work in any rough notebook].



About Me



I am Rahul.

I am a boy.

I am five years old.

I love colouring and playing football.

I am Riya.

I am a girl.

I am six years old.

I love dancing and playing with dolls.



We study in the same class. We are friends.

Rhyme Time

I'm glad I'm me.
No one looks
the way I do.
I have noticed
that it's true.
No one walks the way I walk.
No one says the things I say.
I am special. I am me.
There's no one else.
I'd rather be !



Now, write about yourself.

My name is _____.

I am _____ years old.

I study in class _____.

I live in _____.

The name of my school is _____.

My birthday is on _____.

The name of my best friend is _____.

The colour I like the most is _____.



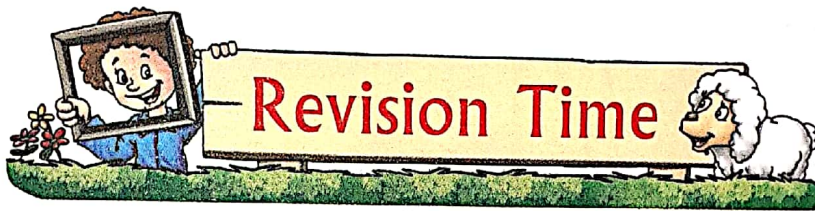


We all look different from each other. Some people are fat, some are thin, some are tall and some are short.



Things to Remember

- **Dance**: Move the feet and body rhythmically in tune to the music.



A. Colour the correct word which describes you the best.

1. I have eyes.

2. I have hair.

3. I have teeth.

4. I have nails.

5. I have face.



IDENTITY CARD

B. Make an Identity Card for yourself and get it signed by your teacher.

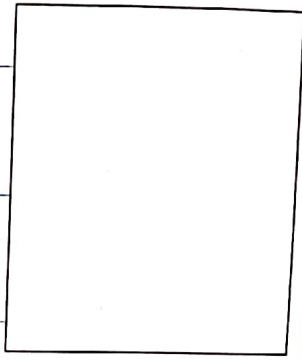
Name : _____

School : _____

Class : _____

Telephone No. : _____

Address: _____



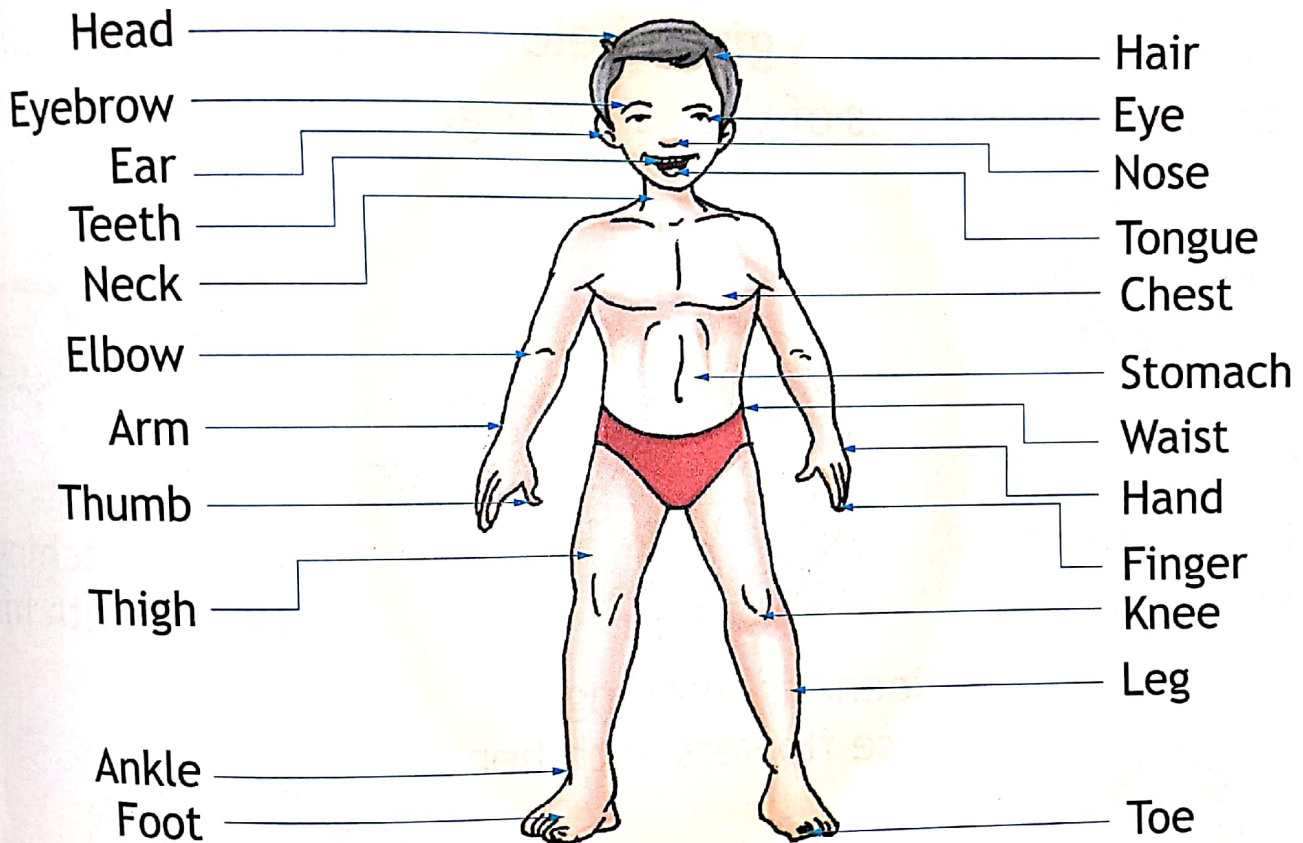
FOR TEACHERS

1. Encourage students to talk about themselves.
2. Appreciate each student for whatever she/he feels good about herself/himself.





My Body



Fact File

- Human body has different organs to do different functions.
- We should take care of our body and keep it clean and healthy.



Things to Remember

- Clean** : Free from dirt and impurities.
- Healthy** : Free from diseases.